<u>initial symptom severity scale</u>

what are the target symptoms/difficulties you most want help with?

on average in the last fortnight how much have your target symptoms or difficulties bothered you?

0 1 2 3 4 5 6 7 8 9 10 not at all couldn't be worse

Adapted from: Battle CC, Imber SD, Hoehn-Saric R et al *Target complaints as criteria of improvement*Am J Psychother 1965:184-92